

# District 67 Faculty Menu

## Lunch Menu for April 2010

PLEASE NOTIFY  
THE CAFETERIA

if your class will be out of  
the cafeteria for lunch!  
Thank you for helping us  
better prepare!



THURSDAY

FRIDAY

1 2  
**SPRING BREAK!**  
**ENJOY !**

\* Denotes  
Vegetarian  
Item

Did you know that you too can put  
money on your account? Simply go to  
[www.mynutrikids.com](http://www.mynutrikids.com) and register  
using your ID number.



Questions/Suggestions call:

Anne Simons  
Food Service Director  
847-604-7476  
or  
asimons@  
lfschools.net

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1 2 <b>SPRING BREAK!</b> <b>ENJOY !</b></p>				
<p>5</p> <p>Chicken Parmesan With Pasta &amp; Garlic Bread and a Vegetable \$5.00 Chicken Parmesan Sandwich Only \$3.25 NO SALADS OR DELI TODAY</p>	<p>6</p> <p>Breaded Fish Sandwich Available with Cheese \$3.10 Add a bag of chips or small soup \$4.25 NO SALADS TODAY</p>	<p>7</p> <p>2 Cheesy Chicken Quesadillas Or *2 Cheese &amp; Veggie Quesadillas With Fiesta Rice \$4.00</p>	<p>8</p> <p><u>PICK TWO</u> Sweet &amp; Sour Chicken * Fried Rice * Steamed Rice * Egg Roll \$4.50 * Soup: Egg Drop</p>	<p>9</p> <p>* Taco Salad Bowl With All The Trimmings Seasoned Corn and Spanish Rice \$5.00</p>
<p>12</p> <p>4 Chicken Tenders with Sauces And Your Choice of 2 Sides \$5.00 2 Tenders with 2 Sides \$3.75 4 Tenders Only \$3.50 2 Tenders Only \$2.75</p>	<p>13</p> <p>* Jumbo Baked Potato Bar With A Variety Of Toppings Along with A Side Salad Or Fruit \$5.50 Soup: Broccoli Cheddar</p>	<p>14</p> <p>* Chop Salad With Feta Cheese &amp; Red Onion Bacon can be added if you'd like! Served with a Warm Breadstick \$5.50 Chicken Also Available</p>	<p>15</p> <p><u>MADE TO ORDER</u> * Grilled Panini Sandwiches Choose your meats, cheese and veggies \$3.75 With Chips or Small Soup \$4.85 Soup: Broccoli Cheddar</p>	<p>16</p> <p>Personal Pan Pizza Choose * Cheese, * Veggie or Pepperoni \$3.75 With Small Salad, Soup or Chips \$4.85</p>
<p>19</p> <p>Chicken Bowl With Mashed Potatoes and Corn Smothered in Gravy Served with a Dinner Roll \$5.00</p>	<p>20</p> <p><u>TWOFORTUESDAY</u> Large Cup of *Soup Made to Order * Sandwich Made to Order * Salad <u>Your Choice of 2</u> \$5.00</p>	<p>21</p> <p>* Stuffed Green Peppers With Mashed Potatoes or Salad And A Dinner Roll \$5.00</p>	<p>22</p> <p>* Baked Pasta Bowl with pasta, cheese, seasoned beef, and marinara sauce Baked into a Garlic Seasoned Bread Bowl \$5.00 (available without meat)</p>	<p>23</p> <p>Jumbo Beef Hot Dog With all the trimmings \$3.10 With Fries, Chips or Small Salad \$4.10 Choose 2 Sides \$5.00</p>
<p>26</p> <p>* <u>Breakfast Casserole</u> Egg Dish loaded with Fresh Vegetables and just the right seasonings! Served with a side of Fresh Fruit \$4.00 Add A Bagel &amp; Cream Cheese \$1.00 more</p>	<p>27</p> <p>* <u>BURGER BAR</u> * Black Bean, Turkey and Beef burgers, assorted toppings and a variety of cheeses \$3.10 Make it a Double \$4.25</p>	<p>28</p> <p><u>SOUP SPECTACULAR!!</u> A Variety of 6 different soups With Assorted Toppings Available In A Sour Dough Bread Bowl * <u>Vegetarian Options Available</u> In A Bread Bowl \$4.00 Small with Toppings \$ 1.50 Large with Toppings \$ 2.25</p>	<p>29</p> <p>* Create Your Own Salad Choose from a variety of greens, toppings and meats. Add a dinner roll and your favorite dressing \$5.50 with meat \$5.00 no meat</p>	<p>30</p> <p>* <u>It's A Wrap</u> Choose from assorted flavored Tortillas, add your favorite meats and cheese along with fresh veggies and assorted dressings To Create Your Favorite Wrap! \$4.00</p>