




March 2010

DEER PATH MIDDLE SCHOOL



Monday	Tuesday	Wednesday	Thursday	Friday
Corn Dog Or Chicken & * Cheese Quesadilla 1	* PASTA BAR 2 With a variety of pastas, your choice of meats, cheeses and toppings With Garlic Toast	Chicken Tenders Or * Cheese Pizza With Seasoned Rice 3	CONFERENCES ½ Day No Lunch Service 4	CONFERENCES No School 5
Hot Dog Or Bbq Rib Sandwich Or * Crispy Veggie Wrap 8 With a side of Macaroni and Cheese	* TACO / NACHO BAR 9 With your choice of tortillas, meats, cheeses and toppings With Spanish Rice And Corn	Chicken Nuggets Or * Fish Filet Sandwich With Hash Brown Potato Patty 10	Bbq Pulled Pork Sandwich Or Cheeseburger Wrap 11 Served with Tater Tots	PIZZA WRAPS 12 Choose from * Cheese or Pepperoni Hot Vegetable
* SOUP & SANDWICH 15 Create your sandwich from a variety of breads, meats and toppings And Choose from 2 home made *Soups	PICK TWO 16 Sweet & Sour Chicken Egg Roll, *Fried Rice Steamed Rice With a Fortune Cookie * Roasted Veggie Wrap	Popcorn Chicken Or * Black Bean Burger With Au Gratin Potatoes 17	GIANT CHICKEN TACO 18 With the trimmings Or * Cheese Quesadilla Spanish Rice	* Italian Cheese Dipper Or * Chop Salad with Hard Boiled Egg and a Dinner Roll Hot Vegetable 19
Chicken Parmesan Sandwich Or * Vegetable Cheese Toast Hot Vegetable 22	* BREAKFAST BAR 23 With your choice of entrees, bacon and sausage and hash brown patty With Cinnamon Apples	CHICKEN VARIETY! Tenders, Nuggets and Popcorn Chicken OR * Cheese Pizza 24 Served With Mashed Potatoes & Gravy	COOK'S CHOICE MENU 25 Menu will be posted one day in advance on the serving line	COOK'S CHOICE MENU 26 Menu will be posted one day in advance on the serving line
SPRING BREAK 29	SPRING BREAK 30	SPRING BREAK 31	See You Back At School On MONDAY APRIL 5th	

News

March is National Nutrition Month. What choices will you make to build GOOD NUTRITION FROM THE GROUND UP! Watch for information about the special activities to help you BUILD NUTRITION FROM THE GROUND UP!

* Denotes Vegetarian Option

Questions? Call our food service office at 847-604-7476 or email asimons@lfschools.net

Anne Simons
Food Service Director

